# Buddhist Physicalism II The Problem of Ownerless Consciousness

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### Buddhist anti-physicalism

- Classical Indian Buddhist realists hold that consciousness is ultimately real
  - Dualism:
    - Vaibhāṣika, Theravāda: 4 types of non-physical dharmas: *vedanā*, *saṃjñā*, *saṃskāra*s, *vijñāna*; instances of first three are invariably accompanied by the fourth
    - Sautrāntika: 4 categories collapsed into one, *vijñāna*;
  - Idealism: Yogācāra: only *vijñāna* is ultimately real
- All agree that *dharma*s are momentary, existing for just a moment and then ceasing, but causing successor *dharma*s to arise
- The continued existence of a person just consists in the occurrence of a causal series of sets of impersonal, momentary *dharma*s arranged personwise
- Classical Indian Buddhist rejection of physicalism largely motivated by claimed incompatibility of physicalism with karma/rebirth ideology
  - standard accusation that Indian materialism promotes immorality
  - karmic seeds as nonphysical entities capable of action at a distance

### But what is consciousness (vijñāna)?

- Cog sci/philosophy of mind distinction: *creature* consciousness vs. *state* consciousness
  - creature consciousness is the property attributed to an organism by virtue of its representing its environment in such a way as to enable the organism to successfully engage with its environment
    - a creature may be said to be conscious in this sense by virtue of its having conscious states
  - state consciousness: a mental state the creature is aware of being in (there is something it is like for the creature to be in that state)
- Buddhists deny the existence of a self, and hold that a person is only conventionally and not ultimately real
- Hence for a Buddhist, the occurrence of a conscious state is subjectless
- What then is the intrinsic nature of consciousness?
  - recall the intrinsic nature test for something's being ultimately real
  - if consciousness is subjectless, what makes it be the sort of thing that it is independently of the existence of other things?
  - is there a nature common to all the states we consider to be conscious states?

- Standard answer of classical Indian philosophers: illumination (prakāśa)
  - consciousness illuminates its object just as the light of a lamp illuminates the items in the room
- But is the property of illuminating intrinsic?
  - the problem of the implicit accusative: illumination is always the illuminating (making manifest) of something else
  - the problem of the implicit dative: is a state's being a conscious state a matter of its representing **for its subject** how the environment is? can illuminating/representing/informing/manifesting be subjectless?
- Yogācāra will attempt to solve these problems by invoking ultimate non-duality of subject- and object-poles of a cognition
- We'll evaluate this solution later

### The problem of meta-cognition

- If cognition is an ultimately real component of the useful fiction *person*, how is it cognized?
- Why this matters: enlightenment is said to come about when one directly cognizes that each of the ultimate constituents of a person is impermanent and non-self
- Hence if consciousness is an ultimately real constituent of the person, it must be possible for it to be directly cognized
- If cognition is ultimately real, it is momentary, and direct cognition is of something that currently exists
- One does not directly cognize the cognitions of others
- In a given mental stream there is only one cognition occurring in a given moment
- Hence either an ultimately real cognition is directly cognized by itself, or else it is directly cognized by some distinct element occurring at that moment

### Other-illumination (introspective, *paraprakāśa*) accounts of meta-cognition

• Vaibhāṣika view: a cognition is cognized by the simultaneously existing mental concomitants (*caitta dharmas*), while the latter, in addition to the body, are each cognized by a simultaneously existing cognition

#### • Problems:

- If caitta *dharma*s are mere accompaniments of cognitions, they only perform auxiliary roles, they do not themselves cognize
- If on the other hand (and as Sautrāntikas hold), there is no real distinction between *caitta dharma*s and *citta* (consciousness/cognition), this thesis becomes a form of the self-illumination account
- which is undermined by the principle of irreflexivity: an entity cannot operate on itself (fingertip doesn't touch itself, knife blade doesn't cut itself, etc.)
- Sautrāntika view: relax the simultaneity condition; introspection involves cognition of an immediately preceding cognition presented through memory

## Self-illumination (reflexive, *svaprakāśa*) accounts of meta-cognition

- Yogācāra view: every cognition is self-cognizing, cognizing both its object and itself
- Response to objection that this violates principle of irreflexivity: counter-example of light that illuminates itself as well as other objects
- Two problems with counter-example:
  - 1. ambiguity of 'light': the lamp that emits light, or the light emitted by a lamp
    - a lamp can exist without illuminating, hence illuminating cannot be its intrinsic nature
  - 2. something can be said to be illuminated only if it can also exist in the unilluminated state, and light cannot exist in the dark
- Problem of solipsism:
  - first-person attribution of consciousness involves no application criteria (cognition as something 'known by acquaintance')
  - third-person attribution involves application criteria: speech or action
  - hence two distinct concepts: others are not conscious in the way that I am, but in some distinct ('analogical'?) way

#### Dignāga's argument against the Sautrāntika view:

- 1. One only remembers one's own experiences.
- 2. To remember an experience is to recall not just the content of the experience but also the cognizing of that content.
- 3. For some content that occurred at  $t_1$  to be remembered at some later time  $t_n$ , the content must have been experienced at some earlier time.
- 4. Suppose, for *reductio*, that cognition C does not cognize itself.
  - Then the remembering at  $t_n$  of the experience at  $t_1$  requires that there have occurred a cognizing of C by some cognition occurring later than  $t_1$  but earlier than  $t_n$ , say at  $t_{n-1}$ .
  - But since this cognition is likewise later than the experiencing at  $t_1$ , it too must involve a remembering of the experience that occurred at  $t_1$ .
  - And one only remembers what one has previously experienced, etc., etc.
- 5. Only by conceding that the remembered cognition at  $t_1$  cognized itself can an infinite regress be prevented.
- : remembering an earlier experience as an experience requires that the remembered experience be reflexively self-aware.

### Dignāga's response to the irreflexivity objection

- Every cognition has two forms: the noematic form (O) whereby it represents the object A; and the noetic form (S), that whereby it functions to cognize the object
- But since cognitions are ultimately real, they cannot be mereological sums
- Hence the distinction between O and S must be the result of our 'beginningless ignorance' whereby we superimpose the subject/object or grasped/grasper distinction
- Those ultimately real entities we think of as cognitions, being beyond the subject/object dichotomy, are inexpressible
- Paradox of ineffability?

### Dharmakīrti's argument for reflexivity:

- 1. S just is the cognizing of O
- 2. Hence the cognizing of O is not distinct from the cognizing of S (by the identity of S and O)
- 3. Hence one cognizes O only if one cognizes S
- 4. One only seeks to obtain an object A if one is aware of A
- 5. In order to be aware of A one must be aware of the cognizing of A (by (3))
- 6. Suppose cognition of cognition of A occurs only after cognition of A
- 7. But one does not cognize A unless one cognizes S
- 8. Then an infinite regress results from the supposition
- : if cognition did not cognize itself there would be no acting to obtain one's goals, and all would go to hell in a handbasket (astangatam viśvam syāt)

### Assessing the argument

- Suppose we accept the identity of S and O, i.e., we accept (1)
- (2) and (3) then follow
- But (4) is true only if we understand 'aware of A' as meaning cognition of A under a concept that links its occurrence to attainment of some goal
  - Perception of blueberry ice cream only leads to action of getting ice cream if the blue I see is cognized under the concept *blueberry ice cream*
- How about the use of 'cognize' in (3): 'one cognizes O only if one cognizes S'? Does it require that one cognize S under the concept S?
- Compare: Sagarmatha = Zhumulangma (Nepali and Chinese names for Mt. Everest)
- So when I see Sagarmatha, I see Zhumulangma; but when I see Everest from Nepal and call it Sagarmatha, do I know it to be Zhumulangma?
- Hence the regress is not generated, and Dharmakīrti has failed to rule out the other-illumination alternative

### Assessing Dignāga's memory argument

- Might succeed against the Sautrāntika view
- And alternative introspectionist accounts are implausible
  - two cognizings in a single moment?
  - mutual reciprocal dependence?
- So might give us reason to reject a higher-order perception (HOP) version of the other-illumination account of meta-cognition
- But what about a higher-order thought (HOT) account?
- Kumārila's abductive inference account: the supposition that a cognition occurred is what explains the object's coming to have the property of intentional-objectness
- How intentional-objectness cognized: from speech or action
  - in case of blue, saying or thinking 'blue', or reaching for the blueberry ice cream

- Why meta-cognition can only occur through abductive inference:
  - Caitra's cognition cannot be the object of another of Caitra's cognitions
  - Because it is a cognition, like that of another person. (ŚV Śūnyavāda 176-7)
- To avoid solipsism, must be the case that same concept applied in first-person ('Caitra') and third-person ('another person') attributions
- So consciousness something we posit in order to explain some phenomenon, like dark matter posited to explain facts about universe's expansion
- Hence Dignāga's memory argument fails to refute all other-illumination views
  - and its difficulties—solipsism, ineffability, violation of irreflexivity—make it the less attractive account of meta-cognition
- Leaving open possibility that consciousness not ultimately real, instead a useful fiction
- Opening the door to a Buddhist physicalism?
- Next time: meeting the challenges faced by Buddhist physicalism